

# Mama Group Acupuncture Post-partum Clinic

Just like their babies, new mamas need extra care and attention. Join this six-week acupuncture group to receive treatments that will harmonize hormones, balance energies, and address any specific concerns you may have. Other topics we may explore include herbs, bodywork, and exercises you can do at home to rebuild vitality. Mamas three weeks to six months post-partum are welcome. An in-depth questionnaire will have to be filled out and brought to the first session. The cost for six private sessions would be about \$500, but as a group is only \$290.



OM Baby  
Pregnancy &  
Parenting Center  
2201 Market St  
Camp Hill, PA 17011

Next session:  
Fridays  
Sept 6 - Oct 11th  
5pm-6:15pm

**Stella Osorojos Eisenstein, DOM, L.Ac.**, practices acupuncture, hypnosis and bodywork out of her office in Camp Hill, PA, and is accredited through the CA, PA, and NM acupuncture boards as well as the National Certifying Commission for Acupuncture and Oriental Medicine. Also a writer, her stories have appeared in *Spirituality & Health*, *InStyle*, *Condé Nast Traveler*, *Lucky*, *Travel & Leisure*, *Reality Sandwich* and more. Her memoir, *Star Sister: How I Changed My Name, Grew Wings, and Learned to Trust Intuition* was published in 2012 by North Atlantic Books.

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